**Pakistan School , Kingdom of Bahrain**

**E- Support and Learning Material / Session 2020-2021**

**Subject: Islamiyat Grade : 8th**

**Book: Student Book 1. FIRST TERM**

**Unit 2: Faith and prayers. Pg. No: 12-14**

***Topic#02 Fasting (saum) and its Social Relevance***

**Short Q/A**

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**Q1. What is Saum or Fasting?**

Ans. Saum or Fasting is one of the five pillars of

Islam which is observed in the month of Ramazan,

the ninth month of the Islamic calendar.

**Q2. When did Muslim observe the saum or fasting and**

**What does it mean?**

Ans. Every Muslim observes the fast from dawn to dusk (Fajr to Maghrib). This mean not eating or drinking anything from breaking of dawn till sunset.

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**Q3. What does fasting require to a Muslim?**

Ans. Fasting requires to a Muslim to be clean in thoughts, words, and actions too. It is not enough to remain hungry, we must also avoid telling lies, gossiping, using bad language, being mean or cruel, losing temper or doing wrong. The Holy Prophet S.A.W says, ’Allah doesn’t require any one to stop eating if he cannot refrain from lying, hurting others, backbiting, or stealing while fasting.

**Q4. What has Allah promised to a person who fast and what did Prophet S.A.W say in this regard**?

Ans. Allah has promised reward to the person who fasts generously and as much as He pleases. The Prophet S.A.W has said, ‘Allah says fasting is for me and I will surely reward for it.’

**Q5. What is Aitekaf? Explain briefly**.

Ans. During the last ten days of Ramazan, many Muslims observe special prayers, staying away from all worldly tasks, to meditate in mosques and pray with full devotion to Allah for His mercy and forgiveness.

**Q6. Write a short note on immense blessings of Ramazan.**

Ans. Ramazan is the month of immense blessings from Allah. He has promised His special blessings for those who fast. It is in this month that Quran was revealed to mankind. It is a time of peace and piety. The Holy Prophet S.A.W said, ‘The doors of heaven are opened during Ramadan. ‘

**Q7. What do you know about Shab- e-Qadr? Explain briefly.**

Ans. Shab- e-Qadr is the Night of Power which is believed to be one of the odd nights i.e. 21,23,25,27, or 29of Ramazan. Muslims pray for Allah’s blessing and beg for his forgiveness.

**Q8. Write down and learn the translation of Surah Al Qadr.**

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**Q9. What does Fasting teach a person?**

Ans. Fasting teaches a person self control and discipline. The person who fasts tries to come as close to Allah as possible by his acts of piety, charity and forgiveness. Muslims make special efforts to purify their thoughts and be more generous in their deeds.

**Q10. What is the social and moral relevance of Ramazan?**

Ans. Fasting has a great spiritual, social and moral relevance for Muslims both as individuals and as a members of society. It is an exercise that teaches a person how to bear hardships without complaining and evokes feeling of compassion, sympathy, and brotherhood for the less fortunate. It develops a better understanding between the rich and poor as there is interaction between them in mosques and sometimes during iftar time.

**Detail Q/A**

Q. What does Quran say about Ramazan? Explain in the light of Surah Al-Baqarah.

Ans. Translation :Ramazan is the (month) in which was sent down the Qur’an, as a guide to mankind, also clear (sign) for guidance and Judgement (between right ant wrong). So everyone of you who is present during that month should spend it in fasting, but if anyone is ill or on a journey, the given period should be made up later.’

Surah Al-Baqarah, 2:185 ,

This means that who are sick and those who are traveling and unable to fast, should fast later to make up for the missed days. Similarly, women are allowed to complete the fasting, if missed, at a later date. The missed fasts usually must be completed soon after Eid. If one is too old and weak, then there is no obligation to fast but in return a needy person is to be fed two meals for each fast that is missed.

**Subject: Islamiyat WORKSHEET Grade : 8th**

**Q1. Fill in the blanks with suitable words:**

1.Saum or Fasting is one of the five \_\_\_\_\_\_\_\_\_\_\_ of Islam.

2.Ramazan is the \_\_\_\_\_\_\_\_\_\_\_\_ month of the Islamic calendar.

3. \_\_\_\_\_\_\_\_\_\_ is eaten before dawn, and \_\_\_\_\_\_\_\_\_ is taken after \_\_\_\_\_\_\_\_\_\_.

4.The fasts usually must be completed soon after \_\_\_\_\_\_\_\_\_\_.

5.If one is too old and \_\_\_\_\_\_\_\_\_\_ then there is no \_\_\_\_\_\_\_\_\_ to fast but in return a needy person is to be fed \_\_\_\_\_\_\_\_\_\_ meals for each fast that is missed.

**Q2. Answer in one word:**

Q1**.** Who is watching or keeping a check on a person who fasts?

A:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q2. In which month Quran was revealed?

A:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q3. In which days of Ramazan many Muslims observe Aitekaf?

A:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q4. What does Shab-e-Qadr mean?

A:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q5. In which Surah is mentioned about Shab-e-Qadr?

A:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Q3. Match the following:**

|  |  |  |
| --- | --- | --- |
| 1. Fasting teaches us | Tarawih |  |
| 2. Muslims makes special efforts | Spiritual, social and moral relevance |  |
| 3. Special prayer of Ramadan | Between the rich and less fortunate |  |
| 4. Fasting has a great | To purify their thoughts |  |
| 5. It develop a better understanding | Self control |  |

|  |  |  |  |  |
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| **Rubric:** | **Ex.** | **Go.** | **Sat.** | **NI** |
| **Content Accuracy** | **1** | **2** | **3** | **4** |
| **Creativity** | **1** | **2** | **3** | **4** |
| **Completeness** | **1** | **2** | **3** | **4** |
| **Neatness** | **1** | **2** | **3** | **4** |
| **1-Excellent 2- Good 3- Satisfactory**  **4- Needs improvement** | | | | |