

CHINESE NEW YEAR



LEARNING OBJECTIVES:

AT THE END OF THE LESSON, THE STUDENTS WILL BE ABLE TO:

- EXPLORE THE FESTIVALS AND CULTURAL EVENTS AROUND THE WORLD.
- EXPLAIN THE MEANING OF WORDS AS USED IN THE TEXT.
- SUMMARIZE THE TEXT BY LISTING THE IMPORTANT EVENTS OF THE CHINESE FESTIVAL.

PRE READING QUESTIONS

- **WHAT IS THE SIGNIFICANCE OF RED AND BLACK COLOURS?**
- **WHAT DOES “FU” MEAN?**
- **WHY THERE IS NO CLEANING ON THE NEW YEAR’S DAY?**

NEW YEAR'S EVE DINNER – PG 17

New Year's Eve Dinner

On the eve of the Chinese New Year, it is customary to visit relatives and partake in a large dinner where a number of specific foods are served. It is typical for a Chinese family to make eight to nine dishes for the New Year's Eve dinner because in Chinese language the word "eight" means "prosperity" and the word "nine" means

Why does this dinner consist of eight or nine dishes?

7 Lucky Foods to Eat During Chinese New Year



Fish

— an increase in prosperity



Dumplings

— wealth



Spring Rolls

— wealth



Tangyuan (Sweet Rice Balls)

— family togetherness



Good Fortune Fruit

— fullness and wealth



Niangao (Glutinous Rice Cake)

— a higher income or a higher position



Longevity Noodles

— happiness and longevity



Chinese New Year Desserts



Nian Gao 年糕



Jujube Flower Cakes 枣花糕



Rice Balls 汤圆



Ai Wo-Wo 艾窝窝



Fa Gao 发糕



Sesame balls 煎堆



Almond cookies 杏仁饼



Yellow pea cakes 豌豆黄



Turnip Cake 萝卜糕

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GIVING GOOD LUCK GIFTS – PG 17

Giving Good Luck Gifts

It is a traditional practice for adults to give children little red envelopes (5) filled with money in order to symbolize wealth and prosperity for the coming year. It is also common for elders to present red packets to unmarried members of the family. Envelopes are not to be opened until the recipient has left the home of the giver.

- **BY GIVING THE MONEY TO CHILDREN, ELDERS ARE HOPING TO PASS ON A YEAR OF GOOD FORTUNE AND BLESSINGS. ANOTHER VERSION IS GIVEN BY THE YOUNGER GENERATION TO THEIR ELDERS AS A BLESSING OF LONGEVITY AND A SHOW OF GRATITUDE.**
- **IN SOME REGIONS OF CHINA, RATHER THAN BETWEEN GENERATIONS, MARRIED COUPLES WILL GIVE RED ENVELOPES TO THEIR UNMARRIED FRIENDS TO TRANSFER SOME LUCK.**

